



The
First Tee[®]
Hampton Roads



YMCA of South Hampton Roads
Junior Golf Course



Summer Programs 2009

Junior Golf, Tournaments,
Family Fun and much more!

The First Tee Facility

The First Tee of Hampton Roads YMCA is a 55-acre golf facility specifically designed for children and teens between the ages of 5–17. The course is also well suited for seniors and adult beginners. Located next to Virginia Beach National Golf Club, the facility features:

- Nine-hole course designed by Pete and Alice Dye
- Driving Range
- Putting Green
- Short Game Practice Area
- Learning Center/Clubhouse

Hours of Operation

9 a.m. to dusk, seven days a week. Inclement weather conditions may effect hours of operation and starting times. Call our office for information.

Equipment

We provide junior equipment (clubs, bags and balls) to all youngsters who participate in our programs. We do encourage all of our golfers to use their own equipment if available.

Dress Code

- Collared shirts must be tucked in to knee-length shorts or slacks at all times by everyone.
- Spikeless golf shoes or tennis shoes are appropriate.
- Tank tops, t-shirts, sweat pants, jeans, cut-offs, spandex or gym shorts will not be allowed.
- Caps and visors must be worn properly.

Staff

To ensure quality instruction, The First Tee is directed by two PGA professionals, Kristal Swem and Dick Wrenn. Our team of qualified golf instructors assists in all programs, under professional supervision.



About The First Tee

Mission

To impact the lives of young people by providing learning facilities and educational programs that promote character development and life-enhancing values through the game of golf.

Purpose

To enrich children's lives and enhance families by teaching life skills, character, tolerance and an appreciation for learning all through the game of golf.

Founding Partners

PGA of America

LGPA

USGA

Augusta National

PGA Tour

Local Alliances

YMCA of South Hampton Roads

Hampton Roads Junior Golf Foundation

City of Virginia Beach

Virginia Beach National Golf Club

Activate America

The First Tee supports *Activate America*, a long-term initiative of the YMCA, focused on making healthy living a reality. Our programs ensure that youth, teen and adult participants remain active and moving.

Life Skills

The First Tee's vision is to provide skills that can be used on and off the golf course. The Life Skills component of The First Tee curriculum teaches skills that reach beyond the game of golf, and sets The First Tee apart from other junior golf programs. Setting goals, developing leadership skills and accepting responsibility can be learned through golf, and can be applied to other aspects of a child's life.



Membership

Members of The First Tee receive reduced greens fees and range balls, as well as use of short game area. Participation in The First Tee certification program requires a current membership. A membership card will be issued to each individual or family.

YMCA of South Hampton Roads members get a 50% discount on The First Tee annual membership dues.

Annual Membership Dues

The First Tee Member: \$35 Single; \$70 Family

YMCA Member: \$17.50 Single; \$35 Family

Certification Program

There are five components to The First Tee certification. They are:

- Education
- Teaching
- Etiquette
- Life Skills
- Testing

Children can be certified in the following five levels:

- Pre-Par
- Par
- Birdie
- Eagle
- Championship

The First Tee program curriculum offers progressive levels of instruction, which include golf and life skills. All children must participate in the group lessons and move through the levels to receive their membership card to The First Tee. The First Tee card is issued at the completion of Par level and provides local and national benefits such as access to other golf courses. Classes are offered in three-week or six-week sessions. Children must be supervised on the course until the successful completion of Par level.

Financial Assistance

It is our mission to provide accessible and affordable golf experiences for every child and family who desires to participate in The First Tee of Hampton Roads YMCA programs. Financial assistance is offered on the basis of eligibility and availability. Applications are available at The First Tee service desk.

Certification Classes

Session I: June 29–August 8

Classes meet once per week for 1½ hours for six weeks.

Monday

4:30–6 pm

6–7:30 pm

Tuesday

4:30–6 pm

6–7:30 pm

Wednesday

4:30–6 pm

6–7:30 pm

Thursday

4:30–6 pm

6–7:30 pm

Friday

4:30–6 pm

6–7:30 pm

Saturday

8–9:30 am, 10–11:30 am

12–1:30 pm, 2–3:30 pm

Session II: August 10–August 29

Classes meet twice per week for 1½ hours for three weeks.

Monday

4:30–6 pm

6–7:30 pm

Tuesday

4:30–6 pm

6–7:30 pm

Wednesday

4:30–6 pm

6–7:30 pm

Thursday

4:30–6 pm

6–7:30 pm

Friday

4:30–6 pm

6–7:30 pm

Saturday

8–9:30 am, 10–11:30 am

12–1:30 pm, 2–3:30 pm

Fees

\$90 per session (membership is required)

Fees include instruction, equipment and The First Tee card. In addition, children who are currently registered in classes are entitled to complimentary driving range balls, short game area use and rounds of golf.

To register for classes, visit The First Tee of Hampton Roads YMCA or call 563-8990 to have registration forms sent via mail or fax. Children will be placed according to age and skill level. Class day and time will be determined at time of registration.

Summer Golf Camp

The First Tee of Hampton Roads YMCA will offer eleven junior golf camps this summer for boys and girls ages 8–17. All camps are limited to the first 50 registered children. Camps operate Monday through Thursday from 9 am until 4 pm. Curriculum is designed for all skill levels, and includes equipment (if needed), lessons, organized course play and drinks. Campers are also eligible to participate in the Friday Junior Golf Tournament, during the week attending camp.

- For:** Boys and girls, ages 8–17, all skill levels
Days: Monday–Thursday
Time: 9 am– 4 pm
Fees: \$125 members, \$150 nonmembers
Includes: Instruction, all equipment (if needed), course play and drinks (campers are also eligible for Friday Golf Tournament)
Bring: Lunch, sunscreen, clubs and bags if preferred (equipment is supplied)
Wear: See dress code for proper attire.

Camp Session Dates

| | |
|--------------|-----------------------|
| Session I | June 22–25 |
| Session II | June 29–July 2 |
| Session III | July 6–9 |
| Session IV | July 13–16 |
| Session V | July 20–23 |
| Session VI | July 27–30 |
| Session VII | August 3–6 |
| Session VIII | August 10–13 |
| Session IX | August 17–20 |
| Session X | August 24–27 |
| Session XI | August 31–September 3 |

To sign up for Junior Golf Summer Camp, visit The First Tee of Hampton Roads YMCA or call 563-8990 to have registration forms sent via mail or fax. Spaces are limited; sign up early!

Friday Tournaments

Boys and girls, ages 8–17 will have the opportunity to put their skills to the test! Tournaments are held every Friday throughout the summer to enable junior golfers to strengthen their game in fun, healthy competition. Prizes will be given out weekly to the winners of each age division. Sign up for each Friday Tournament at the service desk at least 48 hours prior to the event.

For: Boys and girls, ages 8–17

Days: Fridays (June 26–September 4)

Time: Tee times begin at 8 am

Fees: \$10/person

Includes: Organization, staff supervision and all equipment (if needed)

Bring: Sunscreen, clubs and bags if preferred (equipment is provided)

Wear: See dress code for proper attire.

Sign-Up: Call the service desk, 563-8990, at least 48 hours prior to the event.

Family Golf Time

Bring the family out to the golf course for great fun and family time. Play at your own pace, improve your golf game, enjoy the quality family time and take in the scenery of our beautiful golf course.

For: Families (up to five players, ages 5 and older)

Days: Any day!

Time: Any time!

Fees: \$20 members; \$40 nonmembers

Includes: Clubs and bag (if needed), and three or nine holes of play

Bring: Your own clubs, if preferred, and sunscreen

Wear: See dress code for proper attire.



Big T Little T Tournaments

Children and adults have the opportunity to put their skills to the test. Tournaments will be held throughout the fall and spring to enable these golfers to strengthen their game through fun and healthy competition.

Format: Two-person alternate shot
(one child and one adult)

Entry Fee: \$35 per team (includes greens fees and awards) *There will be one team winner per age group.*

Shotgun start: 10 am—age groups 7–9 and 10–11
1 pm—age groups 12–13 and 14–17
The field is limited to the first 18 teams per start.

Days: Sundays (Call for dates)

Individual Lessons

Individual lessons for children ages 5–17 are available by appointment only. These lessons will give the junior golfer an opportunity to enhance skills and increase his/her knowledge of golf in a one-on-one setting.

Video lessons conducted by our PGA professionals are available for children and adults by appointment. Individual lessons for beginning adults are also available on a limited basis.

Fees

Greens Fees

| | Weekday | Weekend |
|-------------------------------------|---------|---------|
| Youth Member* | \$5 | \$5 |
| Youth Nonmember | \$9 | \$10 |
| Adult Member | \$15 | \$15 |
| Adult Nonmember | \$25 | \$30 |
| Family Member (up to 4 in group) | \$20 | \$20 |
| Family Nonmember | \$40 | \$50 |
| Senior Member** | \$10 | NA |
| Senior Nonmember** | \$15 | NA |

Range Balls

| | |
|------------------|-----|
| Youth Member* | \$2 |
| Youth Nonmember | \$5 |
| Adult Member | \$4 |
| Adult Nonmember | \$7 |
| Senior Member | \$4 |
| Senior Nonmember | \$7 |

Club Rental

| | |
|-----------|-----|
| Member | N/C |
| Nonmember | \$5 |

*Youth currently registered in a certification class receive complimentary rounds of golf, range balls and use of short game practice area.

**Senior rates apply September through May, weekdays only. Refer to adult rates for June through August and weekend greens fees.

Locations

The First Tee of Hampton Roads Junior Golf Course

2400 Tournament Drive
Virginia Beach, VA 23456
(757) 563-8990 | (757) 563-8992 fax
www.thefirsttee.org
E-mail: thefirstteeab@att.net

Programs and schedules at the following locations vary; please contact The First Tee of Hampton Roads for more information.

The First Tee of Hampton Roads Upshur Neck Facility

Eastern Shore Family YMCA
26164 Lankford Highway
Onley, VA 23418
(757) 787-5601

The First Tee of Hampton Roads Lambert's Point Facility

4301 Powhatan Avenue
Norfolk, VA 23508
(757) 563-8990

The First Tee of Hampton Roads The Pines At Elizabeth City

1525 North Road Street
Elizabeth City, NC 27909
757-563-8990

The First Tee of Hampton Roads Cedar Point Country Club

8056 Clubhouse Drive
Suffolk, VA 23433
757-563-8990

The First Tee of Hampton Roads Mobile Learning Center

Our 40' bus fitted with putting green, educational space and more is available to visit schools and community events. Call (757) 563-8990 for details.



2400 Tournament Drive
Virginia Beach, VA 23456
(757) 563-8990
www.thefirstteehr.org

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Nonprofit
Organization
U.S. Postage
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