



Greenbrier North YMCA Wellness & Racquetball Center

Before and after-school programs aren't just an afterthought; they're safe, nurturing havens where a child can find a mentor. From programs for seniors and healthy activities for teens to day camp and family time, your gifts help build a community where health and well-being aren't just for some of us, but for all of us.

We are the Y. You are the How.

2009 We Build People Goal: \$72,000

See reverse side.

Your gift supports these worthwhile programs:

Before and after-school programs that cover those critical “bridge” hours when kids are home and parents aren’t. As the region’s largest child-care provider, the YMCA offers safe, quality care that nurtures spirit, mind and body. Your gifts help support families and our community by giving kids a year-round haven for learning and having fun.

Youth health programs engage kids in activities that combine fun with fitness. Youth obesity is a national epidemic. The YMCA is helping fight the trend with innovative fitness activities that appeal to today’s youth. Your gifts help keep our youth active and interested—and coming back for more.

Summer Camp programs offer youth fun, friendship, fitness and more.

Whether it’s making memories while making crafts or learning friendship while learning to shoot hoops, the YMCA keeps kids safe and connected to positive role models when school is out. Shouldn’t every child experience this kind of camp? Thanks for saying yes.

Senior programs give older adults a healthy social and physical outlet.

Whether it’s enjoying a cup of coffee after a game of racquetball or volunteering behind the front desk, your gifts help today’s seniors stay active and engaged with each other and the larger community, too.

You help us build strong kids, strong families, strong communities.