



Indian River Family YMCA

From preschoolers who are ready for school to seniors who are ready for anything, the YMCA is helping all ages live up to their potential. Activities that combine fun with fitness and encourage healthy lifestyle choices for young and old alike make the YMCA a local treasure. Your gifts help make sure that everyone, even those who can't pay, are able to share in it. *We are the Y. You are the How.*

2009 We Build People Goal: \$55,000

See reverse side.

Your gift supports these worthwhile programs:

Before and after-school programs cover those critical “bridge” hours when kids are home and parents aren’t.

As the region’s largest child-care provider, the YMCA offers safe, quality care that nurtures spirit, mind and body. Your gifts help support families and our community by giving kids a year-round haven for learning and having fun.

Youth health programs engage kids in activities that combine fun with fitness. Youth obesity is a national epidemic. The YMCA is helping fight the trend with innovative fitness activities that appeal to

today’s youth. Your gifts help keep our youth active and interested—and coming back for more.

Swim Lessons and water safety instruction keep our kids “safe in the water.” In a region surrounded by water, swim lessons aren’t a luxury—they’re lifesavers. The YMCA believes every child should know how to swim. Your gifts help make lessons possible for families who couldn’t afford them otherwise.

You help us build strong kids, strong families, strong communities.