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Y, what a good idea!

Katia Ward holds Jessica Bridenstine, 8, as they were lowered into the Greenbrier Family YMCA pool last Friday. Kathleen Tomlin, right, a teacher with the Chesapeake schools' adapted physical education program, and Tracy Grose, the 8-year-old's private duty nurse, wait for the chair lift to allow Jessica to be slipped gently into Grose's arms. Named after the Christopher and Dana Reeve Foundation, the chair lift will carry on the inspiring message of Christopher Reeve, who was paralyzed after a horse-riding accident in 1995, but continued to fight to regain some of his mobility until his death in 2004. "He never gave up and our disabled members aren't going to give up. We want them to be able to live full and more active lives," said Tom Marshall, the Y's director of major planned giving. The \$6,200 chair, which was paid by the Foundation grant, will also benefit aging Y members who have difficulty getting in and out of the pool.



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