

Publication: The Virginian-Pilot; Date: Sep 15, 2006; Section: North Carolina; Page: 27



CHRIS CURRY/THE VIRGINIAN-PILOT

Lydia Turner, 5, of Elizabeth City swims underwater looking for more rings to pick up Thursday during the Albemarle Family YMCA's Gym-N-Swim, an 11-week exercise program for home-schooled children.