



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Y CONNECTIONS

A monthly publication of highlights and events for members of the YMCA of South Hampton Roads | JULY 2011



FUN IN THE SUMMER TIME!

Summer is in full swing—the sun is hot and our pools are open; the kids are home from school and are enjoying their break. The Y is here for you and your family this summer! Come visit one of our 8 outdoor aquatic centers and attend several of the summer events we have planned for your family (listed on the back page). If you are in the mood for an adventure, take a trip to one of our family centers that you haven't been to yet. As with all our Y's, each has a character all its own and offers a uniqueness worth a visit.

Our family centers will be open from 7am-2pm on the 4th of July holiday and many of our pools will stay open longer. For more information about what is going on at your family center on the 4th or for the entire month, please see the back page of this issue.

Finally, our President and CEO Chuck Harris has written a letter addressing some of the recent happenings at the Y and our current projects-in-progress. You can read this on page 2.

We hope everyone is enjoying their summer and being safe. As the days linger on we have to always remember with so much fun comes the responsibility to stay safe. We are here for you, have fun and see you at the Y!

As always, please remember, along with fun in the sun, comes safety in the sun.

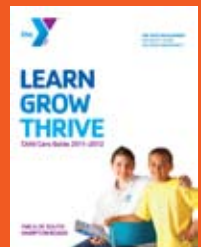
WHAT'S INSIDE

- Letter from the President
- Projects-in-Progress update
- Before- and After-School Child Care options for the Fall
- Enrichment Programs at the Salem Family Center
- July Calendar Events

SCHOOL-AGE CHILD CARE

Plan for September

It's not too early to start thinking about signing up your children for the School-Age Child Care at the Y. As a leader in providing Before- and After-School Care, the Y offers services in all our South Hampton Roads communities, often at both our family centers and at local school locations.



NEW

We now offer easy, online registration for school-age child care to all our members and prospective members! Visit www.ymcashr.org/programs/registration to sign up today!

LETTER FROM CHUCK



As a valued member, it is with much enthusiasm that we inform you about two exciting projects currently being embarked on by your YMCA of South Hampton Roads. The Y is in a unique position to take the lead in addressing some of the issues that we face, including limited opportunities for healthy activity, by expanding our reach deeper into the community. There has been much debate on these projects lately, some of which has not been accurately reflected in the media. We believe it is important, as a YMCA member, for you to know what the YMCA has proposed.

Collaboration Competitive Swimming Pool and Senior Project with the City of Chesapeake:

In May, after much debate from many civic groups, the City of Chesapeake rejected their proposal to build a \$30 to \$40 million stand-alone city-funded fitness/aquatic, recreation center. The council then instructed the city to issue an RFP (request for proposal) plan and encouraged the private sector to submit bids. Your YMCA was the only organization to meet the challenge, and therefore developed a proposal that would save the city taxpayers an estimated \$50 million over 20 years. (You can view the proposal in its entirety at www.chesapeake.va.us)

Contrary to reports, the Y did not ask for \$15 million to build a pool. In fact, the Y offered their services as part of a comprehensive plan to build the pool for the city at a cost of \$15 million. This proposal allows the city to own the pool at a more affordable price and the Y would use its existing facility to reduce annual operating costs. We proposed expanding our Greenbrier YMCA to accommodate the 50-meter swimming pool and senior center. In addition, the Y offered to build a large free-form spray park adjacent to our existing swimming pool and allow the nonmember citizens access at a daily fee. The Y also offered to construct a building where we would relocate our YMCA Association offices and also provide office space for the City parks and recreation department.

As with any project that consumes operating resources such as a swimming pool, there will be some cost to the nonmember/public. The original project proposed by the City of Chesapeake even recommended a monthly "membership fee" for city residents. The project we have proposed would be offered to the public at fair market daily fee rate, to be determined by the City and the YMCA. It would also allow Chesapeake City Park to remain open for concerts, special events and green areas. Members of the YMCA would enjoy enhanced facilities as part of their current membership. In summary, wanting to remain a leader and advocate for the community, your YMCA listened to the debate and offered a proposal that allowed all parties including the Y to meet their mission and objectives.

Proposed City of Virginia Beach YMCA to include \$50M Collaboration with the Tide Swim Team:

On June 14 the City Council in Virginia Beach authorized the city staff to move forward on a project that would include a 10-acre gift of land to the YMCA. For some time the Y has been looking for land opportunities to build a family center in Virginia Beach, specifically in the Princess Anne community. The Tide Swim Team, a partner of the Hilltop and Mt. Trashmore Family YMCAs for over a decade, had a vision of building a 50-meter pool to expand youth programming throughout the city. The YMCA would build a traditional family center, the Tide Swim Team would raise the funds to add a 50-meter swimming pool and the city would provide the property thereby creating a first-class destination for families in the Princess Anne community.

The Y is an association of men, women and children of all ages and from all walks of life joined together by a shared passion to strengthen the foundations of community by nurturing the potential of kids, improving health and well-being, and giving back and supporting neighbors. Your YMCA leadership is committed to making our community healthier and inclusive to all.

In good health,
Chuck Harris
President / CEO
YMCA of South Hampton Roads



PROJECTS IN PROGRESS UPDATE

Currituck Family YMCA, North Carolina

Progress is going great on this center! Camp Bayside (pictured above) has been a success and a whole lot of fun. Our family center is on schedule to open in December.

Pool & Aquatic Center, Chesapeake

The city is deciding whether or not to invest taxpayer money in the construction and operation of a competition pool and community/senior center with the goal of fostering growth and economic development. If the answer is yes, the YMCA's proposal is the most cost effective way to proceed.

Princess Anne, Virginia Beach

In June we were granted the opportunity to move forward with plans to build the only public Olympic-sized pool in Hampton Roads.

James L. Camp, Jr. Family Center Capital Campaign Project, Franklin

A project to include a complete renovation of locker rooms, including updated hot tub and spa facilities, which will modernize this 56 year-old building. We will also be providing additional family-assist changing areas and private changing areas that will provide families with facilities they need to feel comfortable. Finally, complete structural repairs on the indoor pool will give youth, competitive swimmers and families the most current in aquatic centers.

For the most current information on our Projects and Progress please visit <http://www.ymcashr.org/about/projects> or follow us on Facebook.

SCHOOL-AGE CHILD CARE

Take advantage of our new online registration!

The Y now supports online management of your child care account. You can register and pay for our School-Age Child Care services online now. We are excited about this opportunity and hope our family members find it beneficial and useful.

At the Y School-Age Child Care program, we recognize the unique character and temperament of each child, and support developmentally appropriate activities to foster social, emotional, intellectual and physical growth. We consistently stimulate toddlers with music, movement, color, touch and language, and challenge preschoolers with increasingly complex levels of play to enhance gross motor and cognitive skills. School-Age children learn problem solving skills after school with a variety of unstructured, free-choice learning activities.

For more information and to view a complete list of the schools we serve, please see our **Child Care Guide**. Space is limited—register today!

1. Visit www.ymcashr.org/programs/registration
2. Click the **School-Age Child Care** button to begin registration.



ENGAGING CHILDREN

Enrichment Programs at the Salem Family YMCA

The Salem Family YMCA is launching fun and engaging activities for children enrolled in its after-school program. Children can now participate in ballet and soccer while they are at Salem in the afternoons! Each day, our children will either go outside with our soccer coach or into the dance classroom with our ballet instructor for 45 minute sessions. They will learn important character values as they learn new life skills! Plans for future extracurricular classes include: cooking, hip-hop dance, science, and drama.

For more information about the Salem Family YMCA and its programs, contact Director Christie Williams at 757 471 9622.



CAMP IS IN SESSION

Summer is not over yet! There are still some camp sessions available; but don't wait—sign up today to ensure your spot!

- **Day Camp** - Kids have fun while making friends, developing new skills, learning core values, building self-confidence, appreciating teamwork and growing in self-reliance.
- **Teen Camp** - Leadership programs, travel camps, sports programs and more are available to ensure your teen has a fun and rewarding summer!
- **Camp Silver Beach** - CSB is the YMCA's resident camp on the Chesapeake Bay, offering weekly sessions through mid-August for girls and boys from ages 8-16 years old.
- **The First Tee of Hampton Roads** - Camp is offered in one-week sessions through September 1. The First Tee location at Upshur Neck on the Eastern Shore also offers one-week sessions, July 11-August 12.

Register online today at www.ymcashr.org/programs/campreservation



Membership Highlights for July

*Please note that this is not an all inclusive listing. For more events and activities please visit <http://ymcashr.org/news/calendar>

CHESAPEAKE

- GH Poolside Cookout, 12-2pm 4
- GB Summer Camp Youth & Teens 5
- TB Y-Change Kids begins 6
- GB Parents Night Out 9
- GB Y-Change Kids 11
- GN Member Appreciation Day 14
- GH Freeze Pop Friday, 1 - 4pm 22
- GN Y-Change II begins 22
- TB Family Movie Night (poolside) 23

EASTERN SHORE

- ES AOA Identity Theft Seminar 8
- ES The First Tee Camp at Upshur Neck Summer Camp begins 11

ELIZABETH CITY

- AL Y-Change 5
- AL Mother's Morning Out 11
- AL Luau Pool Party 16
- AL Family Relay Challenge (pool) 30

FRANKLIN

- JL Grandparents Weekend 2-4
- JL Parents Night Out 9
- JL Challenger Soccer begins 11
- JL Timed Triathlon 23

NORFOLK

- BL Norfolk Tides Y Family Night 9
- BL Camp Red Feather Family Night 19
- BL Camp Carnival at CRF 29

OUTER BANKS

- OB Yoga by the pool 9
- OB OBXtreme Skate Camp begins 11
- OB Teen/Adult Swim Lessons 11

PORTSMOUTH

- EF Family Luau Poolside event 4
- EF Y-Change Family begins 7
- EF Ladies Night Out (poolside) 8
- EF Bring-A-Guest night (poolside) 22

SUFFOLK

- SU July 4th Party (12-1pm) 4
- SU AOA Floral Design Class 4
- SU AOA Bingo and Lunch 13
- SU Parents Night Out 16
- SU Family Challenge Night 29

VIRGINIA BEACH

- MT Sunrise Yoga 2
- MT 27th Annual Independence Day 5K Run 4
- IR July 4th Party (11am-1pm) 4

- IR Family Camp Night 8
- MT Pee Wee Sports begin 11
- HT Super Senior Wednesday 13
- IR Family Craft Night 14
- IR Teen's Night Out (pool) 15
- HT Member Appreciation Day 15
- IR Super Silly Sundays (pool) 23
- HT Surf Camp begins 25
- MT Summer Book Club 27
- MT Jewelry Class 29
- HT Mini Courses Camp begins 29

*On July 30, all pools will close at 5pm for a YMCA Lifeguard Inservice Training.

- AL Albemarle Family YMCA
- BL Blocker Norfolk Family YMCA
- EF Effingham Street Family YMCA
- ES Eastern Shore Family YMCA
- GB Greenbrier Family YMCA
- GN Greenbrier North YMCA Wellness & Racquetball Center
- GH Great Bridge/Hickory Family YMCA

- HT Hilltop Family YMCA
- IR Indian River Family YMCA
- JL James L. Camp, Jr. Family YMCA
- MT Mt. Trashmore Family YMCA
- OB Outer Banks Family YMCA
- SU Suffolk Family YMCA
- TB Taylor Bend Family YMCA