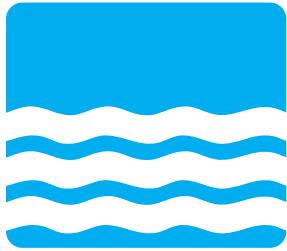




FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# 15<sup>TH</sup> ANNUAL PENGUIN PLUNGE

## Saturday, February 25, 12pm

Register at [www.ymcashr.org/plunge](http://www.ymcashr.org/plunge)

Come join us at the Ramada Inn in Kill Devil Hills on Saturday, February 25 at 12pm for fun and festivities for the entire family, as we plunge into the ocean!

Prizes will be given out to the **Oldest Plunger**, **Youngest Plunger** and **Wackiest Costume** and the **Highest Fundraising Total**, so come with your Penguin Plunging spirit (sponsored by Stack 'Em High MP 9). Plungers will also receive commemorative t-shirt and meal provided by Outback Steakhouse.

This event benefits our annual giving program, **We Build People**. Your gift ensures that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive!

For contributions and general information, contact Laura Kirby at (252) 449-8897 or [lkirby@ymcashr.org](mailto:lkirby@ymcashr.org).

### SCHEDULE

Saturday, February 25

11am Registration (Ramada Inn)  
12pm We Plunge!

Immediately following the Plunge we will warm up in hot tubs provided by East Coast Hot Tubs & Jacuzzis and enjoy food provided by Outback Steakhouse.

### Special Thanks to all our sponsors:



### OUTER BANKS FAMILY YMCA

3000 South Croatan Highway, Nags Head, NC 27959

P 252 449 8897 W [ymcashr.org](http://ymcashr.org)

# 15<sup>TH</sup> ANNUAL PENGUIN PLUNGE REGISTRATION

Saturday, February 25, 12pm

I am a:  Little Dipper (kids under 12) - \$10  Plungers (Adult and Kids 12 and older) - \$25

Name: .....

Address: .....

Phone: ..... Email: .....

Date of Birth: .....

I acknowledge that I am participating at my own risk and therefore do not hold the YMCA of South Hampton Roads liable. Lifeguards and EMTs will be present in the case of emergency.

Signature ..... Date .....

(Parent's or guardian's signature if under 18)

## The Outer Banks Family YMCA Penguin Plunge raises money for We Build People

The **We Build People** program provides funds for membership assistance and reduced fees for programs such as day camp and swimming lessons that benefit kids and families in our community. No one is ever turned away from the Y because of inability to pay.

**You can help by sponsoring your local Penguin Plunger!**

Sponsor Name	Address	Email	Amount

### OUTER BANKS FAMILY YMCA

3000 South Croatan Highway, Nags Head, NC 27959

P 252 449 8897 W ymcashr.org

Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.