



YMCA of South Hampton Roads

We build strong kids, strong families, strong communities.

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YMCA of South Hampton Roads Celebrates 125 Years!

125 years of service to the Coastal Virginia and Northeastern North Carolina region, 1885-2010

Norfolk—The YMCA of South Hampton Roads is celebrating its “quasiquicentennial”, or its 125-year anniversary. There will be several forthcoming free events, open to the public, throughout the rest of the year in celebration of this milestone.

On March 1, 1885, the Norfolk YMCA was founded with a facility on Church Street. Over the next 20 years, the YMCA flourished with activities such as bible study, football and basketball. The YMCA relocated twice over the following 50 years to accommodate additional areas including a pool and gymnasium, and later racquetball courts and fitness rooms. The next YMCA was established at Mt. Trashmore in 1976. The 80's and 90's were dedicated to broadening the YMCA's mission and services, thus opening facilities throughout Suffolk, Portsmouth, Virginia Beach and Chesapeake. In 1987, shortly after establishing a facility in Chesapeake, the association became known as the YMCA of South Hampton Roads. Today, we celebrate the YMCA's birthday with 16 family centers and countless satellite, program and child care centers, serving coastal Virginia and northeastern North Carolina.

For more information about the YMCA of South Hampton Roads history, please call 962-5555 or visit www.ymcashr.org.

The YMCA of South Hampton Roads is a nonprofit, community-based health and human services organization that serves over 200,000 children and families each year. More than 19% of those families receive financial assistance through the Open Doors program, helping them achieve their full potential in spirit, mind and body. The YMCA's doors are open to people of all ages, backgrounds, abilities and incomes.

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