



YMCA of South Hampton Roads

We build strong kids, strong families, strong communities.

November 30, 2010

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For Healthy Living: 2010 Mistletoe Matchup / Hope Tour Racquetball Tournament

YMCA sponsored Racquetball Tournament hosted at Greenbrier North

YMCA Wellness & Racquetball Center.

Chesapeake, VA—The YMCA in collaboration with the American Cancer Society is sponsoring the 2010 Mistletoe Matchup/Hope Tour Racquetball Tournament. The tournament is the first weekend of December, starting at 4 pm, Friday, December 3 and running through the weekend, ending Sunday, December 5. The event divisions include Men and Women, as well as Juniors.

Players are seeded in each category by skill; from Open/Elite to D level, as well as age categories. Match play, depending on the number of players can be round robin, single elimination, or pool play. Players can enter up to 3 categories related to skill, age, or whether they wish to play as singles or as a doubles team.

For information about the Hope Tour Racquetball Tournament or the Greenbrier North YMCA Wellness & Racquetball Center, please contact Robert Read, Health & Wellness Director at rread@ymcashr.org. For more information about the YMCA of South Hampton Roads visit www.ymcashr.org or call (757) 962-5555.

The YMCA of South Hampton Roads is a nonprofit, community-based health and human services organization that serves over 200,000 children and families each year. More than 19% of those families receive financial assistance through the Open Doors program, helping them achieve their full potential in spirit, mind and body. The YMCA's doors are open to people of all ages, backgrounds, abilities and incomes.

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