

YOUTH SPORTS NEWSLETTER

We Build Strong Kids, Strong Families, Strong Communities.



Youth Basketball

June 25 – July 30

\$45 Members/\$75 Potential Members

*Grades 6-8 (Middle School Division)
Grades 9-12 (High School Division)*

Our leagues focus on teaching fundamentals and enforcing the YMCA core values. Each team will have two practices a week. Games will be played on Saturdays. All players receive a reversible YMCA basketball jersey.

Middle School Practices:

Monday & Wednesday ~ 5pm - 7pm

High School Practices:

Tuesday & Thursday ~ 5pm - 7pm

Indoor Soccer

July 18 – August 8

\$45 Members/\$60 Potential Members

Pre K (Ages 3 - 4)

K - 1st grade (Ages 5 -7)

Saturdays at 10 - 11am

Y-Soccer is designed to teach the basic skills of soccer to children who have never played the game. Focus will be on ball control, rules and regulations of the game, team work, sportsmanship & fair play for all. YMCA core values will be emphasized throughout the season.



Juniors Racquetball Camp

July 19 – July 23

*\$45 Members / \$75 Potential Members
Ages 10 – 15*

Learn the rules, and basics of the game. Over the week participants will learn fundamentals, serves, returns, stroke mechanics, shot selection and more. Discounts on equipment available upon completion of the camp.

Monday - Friday

9am ~ 11am



SPARK Camp

August 30 – September 3

\$145 Members/\$165 Potential Members

Ages 6 – 12

Monday - Friday

7am - 6pm

Swimming, surfing, skating, and more. Your child will participate in physical activities, and not even realize that they are giving themselves a workout. Come on and give your child a challenge.

Robert Read

Health & Wellness

Director

rread@ymcashr.org

CJ Gajan

Sports Coordinator

cgajan@ymcashr.org

Malia Bailey

Racquetball

Coordinator

mbailey@ymcashr.org

Greenbrier North YMCA

2100 Old Greenbrier
Road
Chesapeake, VA
23320

757-366-9622

www.ymcashr.org

Join us on Facebook