



# **JANUARY 2012 INDOOR POOL SCHEDULE**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>*Lap Swim 2+ lanes</b>	5am-9am 1:30pm-4pm 9pm-9:45pm	5am-8am 12:15pm-4pm 8:30pm-9:45pm	5am-9am 1:30pm-4pm 9pm-9:45pm	5am-8am 12:15pm-4pm 9pm-9:45pm	5am-9am 1:30pm-4pm 9pm-9:45pm	11:15am-4:30pm	11am-3pm 5pm-6:30pm
<b>Open Swim</b>	1:30pm-4pm 9pm-9:45pm	12:30pm-4pm 8:30pm-9:45pm	1:30pm-4pm 9pm-9:45pm	12:30pm-4:00pm 9:00pm-9:45pm	1:30pm-6:30pm 8pm-9:45pm	1pm-6:30pm	11am-3pm 5pm-6:30pm
<b>Swim Lessons</b>	9am-11am 4pm-6:30pm	8am-11am 4pm-6:30pm	9am-11am 4pm-6:30pm	8:00am-11:00am 4:00pm-6:30pm		9am-11:15am	
<b>Swim Team CYAT 5 lanes</b>	5:45pm-9pm	6:30pm-8:30pm	5:45pm-9pm	6:30pm-9pm	5:45pm-8pm		3pm-5pm

### **GBF Pool Age Guidelines**

Children must be at least 13 years old to use the Greenbrier Family YMCA's pools without a parent present in the building. Children ages 10-12 (who pass the swim test) may use the pool if parent/guardian is physically on YMCA premises. A parent/guardian must be present at the pool and directly supervising his/her children ages 0-9. All children must pass a swim test in order to swim in any YMCA pool.