



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SETTING GOALS LEARNING SKILLS

Youth Winter Basketball Leagues

Y Basketball is designed to teach the basic skills of basketball to children who have never played the game. It is also designed to improve the skills of those who have. Focus will be on ball control, shooting techniques, offensive and defensive tactics, rules and regulations of the game, team work, sportsmanship and fair play for all.

Preschool League (Ages 3-4)

For this league, all games and practices will be played at the **Hilltop Family YMCA**. These teams will practice and play games on Saturdays between 8:30am and 11am.

K-1st, 2nd-3rd Grade Leagues

For these leagues, all games and practices will be played at the **Hilltop Family YMCA**. Teams will practice one evening during the week and play their games on Saturdays between 11am and 3pm.

4th-5th, 6th-8th Grade Travel Leagues

For these leagues, all practices will be played at the **Hilltop Family YMCA**. These leagues practice one evening during the week and will play all of their games on Saturdays. These are YMCA travel leagues and games will be held at several YMCA Family Centers in South Hampton Roads.

Registration

Registration begins on November 1st and lasts until January 2nd, 2012. **Participants who register prior to December 20 will be offered a free basketball skills clinic prior to the beginning of the season.**



HILLTOP FAMILY YMCA

1536 Laskin Road, Virginia Beach, VA 23451
P 757 422 3805 W ymcashr.org

Jan 7 - Feb 25
\$65 members
\$90 potential members

HILLTOP FAMILY YMCA

Youth Winter Basketball Registration Form

Child's Name: Birthdate: Gender:
Age (as of 01/01/2012): Grade: School:
Parent's Name(s): Home Phone:
Street Address: City: State: Zip:.....

We will send all schedules, information packets, and other season details to you through email, but we also provide convenient text message alerts for you to receive information about changes.

Email:

Cell Phone: Service Provider:

T-Shirt Size (circle one) YXS YS YM YL AS AM AL

League

- Preschool (Ages 3-4)
- Kindergarten and First Grade
- Second and Third Grade
- Fourth and Fifth Grade Travel League
- Middle School Travel League

Parent Statement of Understanding

1. I hereby certify that my child is in normal health and capable of full participation in youth sports programs. Recognizing that the YMCA will do its best to ensure a safe experience, I understand that there are risks and hazards inherent both from my child's participation in the program and from transportation to and from the program, and I agree to assume these risks. I hereby release the YMCA of South Hampton Roads, its employees, volunteers, and agents from any and all claims for injury, illness, death, loss or damage resulting from my child's participation in this youth sports program. 2. I hereby authorize the YMCA to obtain medical treatment for my child in the event that I or the child's other parent(s) cannot be reached. I understand that the YMCA does not provide any accident or health insurance for its members and participants and I further understand that it is my responsibility to provide such coverage. 3. I support the YMCA Youth Sports Philosophy, which is based on participation, fun, physical fitness & health, skill development, teamwork, fair play, family involvement and volunteer leadership. 4. I give permission for pictures taken of my child to be used for publicity purposes.

I have read, understand, and am voluntarily signing this authorization and release.

Signature of parent or guardian: Date:

If you cannot afford the full cost of a YMCA program or membership, please ask for a confidential scholarship application. Financial assistance, to the extent possible, is available to those in need. For more information please contact the Hilltop Family YMCA at 757 422 3805.