



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# COME ON DIVE RIGHT IN



New Member  
Rates for 2012!

## MAKE THE PLUNGE

## 2012 January-May Swim Lesson Schedule

All sessions are eight (8) 30 minute classes; Cost of each session is \$30.00 for members/\$65.00 for non-members  
Questions welcome - please contact Lindsay Willard, Aquatic Director 757-962-5524

### Monday & Wednesday

**Parent Child**  
(Ages 6-36 mons)  
9:30-10:00am  
6:00-6:30pm

**Preschool (Ages 3-5 years)**  
9:30-10:00am  
10:05-10:35am  
4:45-5:15pm  
5:30-6:00pm  
6:30-7:00pm

**School Age**  
(Ages 6-12 years)  
4:45-5:15pm  
5:30-6:00pm  
7:05-7:35pm

**Adult /Teen (Ages 13-Adult)**  
7:40-8:10pm

### Tuesday & Thursday

**Parent Child**  
(Ages 6-36 mons)  
10:05-10:35am

**Preschool**  
(Ages 3-5 years)  
9:30-10:00am  
10:05-10:35am  
4:45-5:15pm  
5:30-6:00pm

**School Age**  
(Ages 6-12 years)  
4:45-5:15pm  
5:30-6:00pm

**Adult /Teen**  
(Ages 13-Adult)  
6:00-6:30pm

### Saturdays

**Parent Child**  
(Ages 6-36 mons)  
9:00-9:30am  
11:20-11:50am

**Preschool**  
(Ages 3-5 years)  
9:00-9:30am  
10:10-10:40am  
10:45-11:15am  
11:20-11:50am

**School Age**  
(Ages 6-12 years)  
9:35-10:05am  
10:10-10:40am  
10:45-11:15am

**Adult /Teen**  
(Ages 13-Adult)  
12:00-12:30pm



### Monday/Wednesday Dates

January 9-February 1  
February 6-February 29  
March 12-April 4  
April 23-May 16

### Tuesday/Thursday Dates

January 10-February 2  
February 7-March 1  
March 13-April 5  
April 29-May 17

### Saturday Dates

January 14-March 3  
March 17-May 19

