

Outer Banks Family YMCA

We encourage the values of caring, honesty, respect, responsibility & faith.

GYMNASIUM

July 2010

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN GYM 5:00AM - 7:00am	OPEN GYM 5:00AM - 7:00am	OPEN GYM 5:00AM - 7:00am	OPEN GYM 5:00AM - 7:00am	OPEN GYM 5:00AM - 7:00am	<i>Schedule is subject to change.</i>	
Starting June 14th	Starting June 14th	Starting June 14th	Starting June 14th	Starting June 14th		
Summer Camp	Summer Camp	Summer Camp	Summer Camp	Summer Camp	OPEN GYM 8:00AM - 10:00AM	
7:00AM-1:00PM	7:00AM-1:00PM	7:00AM-1:00PM	7:00AM-1:00PM	7:00AM-1:00PM	OPEN GYM 1:00PM - 6:00PM	
OPEN 1/2 GYM 1:00PM-3:00PM	OPEN 1/2 GYM 1:00PM-3:00PM	OPEN 1/2 GYM 1:00PM-3:00PM	OPEN 1/2 GYM 1:00PM-3:00PM	OPEN 1/2 GYM 1:00PM-3:00PM	PEE WEE SPORTS 10:00AM-12:00PM	
Summer Camp	Summer Camp	Summer Camp	Summer Camp	Summer Camp	OPEN GYM 12:00PM - 6:00PM	
3:00PM-6:30PM	3:00PM-6:30PM	3:00PM-6:30PM	3:00PM-6:30PM	3:00PM-6:30PM		
OPEN GYM 6:30PM - 9:00PM	OPEN GYM 6:30PM - 9:00PM	OPEN GYM 8:30PM - 9:00PM	OPEN GYM 8:30PM-9:00PM	OPEN GYM 8:30PM-9:00PM		

The YMCA encourages playing non-competitive games.

RULES FOR BASKETBALL DURING OPEN GYM

Play half-court or shoot some hoops.
No full-court basketball is allowed during Open Gym.
Everyone must be allowed to participate.

schedule revised 5/262010



ACTIVATE AMERICA